

Maine Council of REFLEXOLOGISTS



Maine Council of Reflexologists (MCR)

is a non-profit, membership organization which promotes the efficacy of reflexology to the public. MCR promotes professionalism among its members and supports them with continued education in the field.



Over 30 years of service!
Established in 1991

Maine Council of Reflexologists

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reflexologyofmaine.org

Reflexology, an integrative health practice, maps a reflection of the body predominately on the feet, hands and outer ears. It uses unique manual techniques to deliver pressure to neural pathways assisting the body to function optimally.



The feet are a reflexion of the body

Increased circulation, nerve stimulation and relaxation are instrumental for our health and well-being. Reflexology supports that.

Clients with chronic health issues such as allergies, asthma, and diabetes report significant improvement in their conditions.

MCR invites you to experience the sense of calm and well-being that results from reflexology.

**Visit our website for more information :
reflexologyofmaine.org**

Disclosure: Reflexologists in Maine are not required to be certified or licensed. However, as a complementary health care professional providing a health care service, Maine certified reflexologists are in compliance with the "Right to Practice Complementary and Alternative Health Care Act" of June 11, 2019.