



**Professional
Reflexologist Members
2025-2026**

MAINE - area code 207 unless otherwise indicated

Anson – Cindy Hilton.....	861-1978
Appleton – Pettina Harden.....	401-243-7355
Augusta – Myra Achorn**.....	626-3338
Augusta – Michelle Hartman-Cook.....	213-5159
Bangor – Heather Gilbert.....	573-1404
Bangor – Suzanne Philp.....	951-3584
Bangor – Norma Wieman.....	356-8912
Bath – Wendy Decker*.....	504-7375
Belfast – Kate Pendleton	975-3098
Belfast – Suzanne Stone	922-7483
Biddeford – Yvette Busch	845-222-9217
Bridgton – Jennifer Schaeffer-McDaniel.....	693-2874
Brunswick – Sally Haley.....	841-3769
Brunswick – Shawna Nowinski*.....	939-4586
East Waterboro – Kate Winant*.....	229-7276
Hancock – Mary Calder.....	263-7287
Hermon – Amy Whitmore.....	478-4489
Holden – Mac MacDonald.....	664-4294
Houlton – Lisa McNeil.....	694-5667
Jay – Alison Gingras*.....	242-1450
Jefferson – Aloisia Pollock*.....	549-3077
Lisbon Falls – Tina Jordan.....	319-6737
Machias – Susan Bushman.....	263-8268
Oakland – Melissa Caswell	250-1782
Orland – Katie Greenman.....	735-7552
Orono – Kelly Bean.....	320-0154
Paris – Karen Tibbetts.....	890-1633
Randolph – Michelle Fredette.....	458-1611
Saco – Sylvie Letellier.....	590-6781
Scarborough – Lynn Marie Danforth.....	318-0129
Scarborough – Tracy Lane.....	318-3631
Southwest Harbor – Michelle Mays.....	664-8485
Springvale – Holly Aguilo.....	468-5970
Standish – Suzanne Girlando.....	894-0002
Standish – Peggy York.....	272-0059
Washington – Susan Miller*.....	596-6317
Washington – Chrissy Ravelli-Studer.....	845-2352
Waterville – Teresa Rael.....	692-8867
Windam – Lindsey Robillard.....	572-1227
Winthrop – Nancy Butler-Smith.....	592-4573
Winthrop – Claire Guy*.....	441-5670
York – Sharon Trull*.....	337-0532

National certification with American Reflexology Certification Board (ARCB): * foot certification **foot and hand certification

**Please see school listings on reverse along with
contact information for
Maine Council of Reflexologists**



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Reflexology Schools

Brewer: Therapeutic Bodywork Learning Center
tblc.sphilp@gmail.com.....951-3584

Winthrop: SoleWise School of Reflexology
solewisereflexology.com.....441-5670

**For more information
visit or email:
www.reflexologyofmaine.org
info.mcr.online@gmail.com**

Detailed Reflexology Chart

